

# **How to Cure a Lonely Heart**

**A poetic guide to falling in love.**

**Chapter 1: To Know Another  
Divinity**

tell me your God  
so I might pray to them too

lead me to the Alter  
that made You

in the halls of silence  
or in the whisper of the leaves  
in the darkness  
or in sunlit beam

sing Holy Spirit's voice  
through lips  
sitar or stream  
so I might follow along  
and know divinity

or is it the Oracle that talks to You  
reaching through your dreams

tell me dear  
for my God finds me  
through your hands  
our love supreme

*Who or what is God to you?*

subliminal spaces:  
yours like warm water  
not a held breath but a sigh

the inches  
between your eyes and mine  
here and the bedroom door  
underneath your hand on my chest

no such pain in waiting as your guest

now I know  
why some souls choose purgatory  
the bliss of a space before heaven

*Do you believe in magic?*

If I am gone first, my love  
forgive me for making wait of each other

Don't mourn; angel under shroud  
so unnatural it can only confound

Instead thank the mushrooms  
for cradling the once mine bones you bury  
tell the others my greatness was  
my tinnitus  
the hair I left behind in the drain  
that my left eye was ever so slightly larger than the right

that I never walked straight but with equanimity  
loving as much the cracks as the smooth earth that took me

that welcomes us all  
that waits with me for you, beloved  
knowing now what I always knew

take rest at night as I do forever  
ours soon together  
still yours,

*What are your beliefs around death?*

Angel wings  
we look up to the heavens to see  
Unconcerned with the ground  
living only for the light you bring

We thought first to seek the sun  
ambivalent to our burning  
But tired of its judgement  
its laying plain our suffering; our yearning

Then found your throne of all beloved air  
Lifting our everyday heart to gospel  
Moving our feet with your herald  
Brightening our gaze with your care

*What do you have faith in?*

awoken in a dream  
and by another in your hands  
the universe loop  
pressed between skin and sheets

every morning  
you ask me where I go  
every night

intrepid journeys  
impossible places  
new planets  
conjunction spellcraft  
of our astral love

“Is it safe?”

your arms always deliver me  
this side or the other

*Do you believe love conquers all?*

# Questions

1. Who or what is God to you?
2. Do you believe in magic?
3. What are your beliefs around death?
4. What do you have faith in?
5. Do you believe love conquers all?